Sample Menu Club DP

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Variety	Variety Cereals	Variety Cereals	Variety Cereals	Variety Cereals
Cereals	Toast, Fruit,	Toast, Fruit, Milk	Toast, Fruit,	Toast, Fruit, Milk
Toast, Fruit,	Milk		Milk	
Milk				
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Sandwiches,	Crackers with	Baked beans or	Crumpets with	Hot Dog, Fruit,
cheese, ham or	cheese, twists,	spaghetti on toast,	cream cheese/	Milk
chicken	cocktail	Fruit, Milk	toasted	
Fruit, Milk	sausages, Fruit,		teacakes, Fruit,	
	Milk,		Milk	

The meals may vary day to day this is just an example.